

## To sail the 7 C's

### Theme Song: (to Gilligan's island)

A girl walked upon a shore  
And found to her surprise  
A map which held the key to life  
Right before her eyes  
Right before her eyes

She took it to her grandfather  
A naval chef is he  
Who read the map and then exclaimed  
'It may be the world's best recipe!'  
The worlds best recipe!

Where will we go? (Where will we go?)  
What will we see? (What will we see?)  
We will follow the map  
And find the worlds best recipe  
Sailing the seven C's.  
(HEY!)

## Riddles

### Creation:

“The fruit you eat comes from a seed  
The seed comes from the earth.  
But where is it that the seed  
is given it's first birth”

### Christ/ Cross:

“A love so perfect,  
a love so pure  
a love that never ends.  
A love that takes away my sin  
So forever we can be friends.”

Whom does this love comes from?  
Where does this love come from?

### Communication:

When having a conversation  
Two people keep in touch.  
Both listen, both talk,  
And value each other very much.

Keep your ears, heart and mind open!

### Commandment:

When preparing the recipe you seek  
A set of instructions you must keep.  
Instructions which gives it flavour and  
fun  
But also is fair for everyone.

What are these important instructions?

## Bible Verses

### Creation:

**Genesis 1:1** ‘In the beginnig God created  
the heavens and the earth’

**Hebrews 3: 4b** ‘But God is builder of  
everything.’

**Psalm 139: 13** ‘ For you created my  
inmost being; you knit me together in my  
mothers womb’

**Colossians 1: 16-17**

### Christ/ Cross

**John 3:16. Mat 6:14** - Forgiveness.

**Romans 6: 23-** For the wages of sin is  
death, but the gift of God is eternal life in  
Jesus Christ our Lord.

**1 John 4: 7-21 vs. 9-10** - ‘ This is how  
God showed love among us: He sent his  
one and only Son into the world that we  
might live though him. This is love: not  
that we loved God, But that he loved us  
and sent his Son as an atoning sacrifice  
for our sins’..... ‘God is love’.

**Luke 2 & Mathew 1 :18-25-** Jesus’ birth  
**Mark 15 & 16, Luke 23 & 24** - Jesus’  
death and resurrection.

### Communication:

**Mathew 6:9-15** - Lords Supper

**Philipians 4: 4-7** - Prayer

### Commandment:

**Exodus 20: 1-17** - Ten Commandments

**Mathew 22: 37-39** - New Commandment

**Commitment:**

An Athlete trains to win a race,  
And promises to try their best.  
If they keep their promise then forever  
will they be  
A winner (anyway) despite the rest.

Will you keep the promise in the race?

**Courage:**

Dare to live your life for God,  
Dare to explore his Love.  
It takes love, guts and faith  
To live for the one above.

God will give you plenty!

**Christian:**

To create the perfect mix,  
Combine all ingredients together.  
To become a child of God,  
To live God's way  
To trust and obey  
By God's side forever.

**Commitment**

**1 Corinthians 9: 24 -25:** Running the race to the eternal prize.

**Philippians 3:14** - Press on towards the goal.

**Genesis 21: 1-5** - God always keeps his promise and so must we.

**Courage:**

**Joshua 10: 25** - Joshua said to them, "Do not be afraid: do not be discouraged. Be strong and courageous."

**Ephesians 3:12** - Confidence in God

**Matthew 28 : 20b** - 'I am with you always to the very end of the age'

**Christian**

**Acts 11: 26b** - "The disciples were called Christians first at Antioch"

**John 1: 12** - 'yet to all who receive him, to those who believe in his name, he gave the right to become children of God.'

## **Riddles**

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The seed comes from the earth.  
But where is it that the seed  
is given it’s first birth”

### **Christ/ Cross:**

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a love so pure  
a love that never ends.  
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Two people keep in touch.  
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A set of instructions you must keep.  
Instructions which gives it flavour and fun  
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## Day 1

Characters:

Narrator (N)

Grandfather (GF)

Captain Aye (A)

First Mate Bob (B)

Sarah (S)

## Creation

Narrator: We set our scene on the ship, HMAS Paper Back, where...

Capt. A: wait wait.... Before we start.... I am the captain of this ship and I demand to know what HMAS stands for!

N: why Home Made Australian Ships of course.

A: Of Course! Carry on....

N: OK ummm where was I?... We set our scene on the HMAS Paper Back, where Sarah, Her grandfather Gordon who wants to be known as John....

GF: I am a naval chef you know!

N: so the song says.... Um where was I, oh yes... our first mate Bob.

B: hi Man,

N: And our fearless Captain

A: Aye

N: whom we've already met. As the theme song sings Sarah found a bottle washed up upon the shore which is a secret map to discovering the perfect recipe! The perfect recipe to what you may ask? I often ask myself the same question, and to find out the answer we too must sail the seven C's, hear all the clues and answers and perhaps discover the fabulous recipe for ourselves..... Now back on the ship word has it that they must go to different islands marked on the map to find the answer to the riddles given.

S: As I understand Grandfather we must go to the different islands marked on this map to find the answer to the riddles given.

GF: Yes, yes, my dear I'm sure we will be arriving soon to the first island.... but first let me introduce you to some of the crew.... This is Bob.... He's a lovely fellow but not too bright.... umm Bob?

Bob: Ummm yes man

GF: This is my Granddaughter Sarah

S: Nice to meet you Bob

B: Hi Man

GF: umm Bob?

B: Yes Man?

GF: What are you doing?

B: oh the captain told me to weigh anchor... so I am... these kitchen scales are a little difficult to deal with but it weighs a few kilo's

S I don't think that is what he means....

GF: Yes speaking of the Captain, where is he?

B: oh Captain, Aye, he is in his chambers

GF: oh thanks.... Good to see he speaks a bit of ship talk

N: After walking across to the other side of the ship they come to the captains chambers

GF: Thanks

N: not a problem

(Knock Knock)

A: who's there

GF: it's Gordon and Sarah

A: Gordon and Sarah who?

GF: (to Sarah) what is he talking about? (to Aye) we have the Map.

A: Of come in, Come in, not very funny but come in anyway.

N: they enter the Captains Chambers.

GF: Thanks

N: not a problem.

GF: Good afternoon, my name is Gordon but you can call me John

A: Aye

GF: and this is my Granddaughter Sarah

A: Aye

GF: Good I'm glad you understand...and what might your name be?

A: Aye

GF: Yes, yes we get that you understand our names.... what is your name?

A: Aye

GF: no, no, no

A: Aye, I mean yes my name is Aye

GF: Aye?

A: Aye!

GF: oh Aye, your name is Aye

Aye: Yes

GF: Extraordinary.

A: You see, my father was a first mate and always dreamed that I would be a captain, so he called me Aye, so when people said 'Aye Aye captain' it meant yes Aye Captain. He was very much into respect.

GF: hmm Aye I see

A: Yes speaking of sea we will be reaching the first island set on this map right about

LAND HO! (THUMP)

A: now...(shouting to the side) you need to call it a little bit earlier Sam! Shall I get the crew ready for a trek?

GF: Aye that would be great, come Sarah we have an island to explore and an answer to find.

Scene 2:

N:A little while that day on the shores of a lovely island, the suns rays beaming and the birds chirping...

GF: OK we get the picture...

N: they set off in search of their first clue...

A: OK what shall we do first?

All: ummm?

N: Read the first riddle on the map.

S: I know we can read the first riddle on the map!

GF: Good Idea! Go ahead Sarah.

S: well...

GF: my what is that fruit over there...it looks exquisite... It's like no other I have seen before...what a marvel

S: Grandfather!

GF: A wonder!

S: Grandfather!!

GF: A Creation...I must try some... (munch munch) this tastes so good...

S: Grandfather the riddle!!

GF: Oh Aye, the riddle.

A: Yes?

S: Thankyou...now it says

“The fruit you eat comes from a seed  
the seed comes from the earth.  
But where is it that the seed  
is given it's first birth”

GF: hmmm lets see... You have a piece of fruit and when you eat it (munch munch) you find a seed... You plant the seed in the ground and it then grows into a plant and produces more fruit...and then you take the fruit and eat it (munch munch. 'oh it tastes so good') and then you have a

B: seed man.

GF: exactly my boy...

B: But what came first the seed or the fruit?

A: the seed of course...

GF: the fruit

A: seed!

GF: Fruit!...

(Argue )

S: Grandfather! Grandfather!! Grandfather!!! AYE!

A: Yes?

S: Oh thankgoodness This Argument is pointless... The only question it raises is how the fruit got here on earth in the first place!

GF: Perhaps you are right my dear... How did it get here? That could be it's first birth? Where it all first came from.

S: oh, yes, that reminds me about a book I was reading on the ship..it was called the bible.... it started with ‘in the beginning God created the Heavens and the earth’ and then it went on to explain that God created stuff like stars, sun, moon, light, day, night, plants, animals and even Humans, you and me! God created all of us!

B: yes man, I read it too it was in the book of genius

S: no, that's Genesis but it is Genius though.... Creation is our first clue, the first C in our discovery!

N: as the crew celebrate their first clue to the recipe and feast on mysterious fruit they sail of into the sunset in search for their next island.

## Day 2:

### Characters:

Narrator (N)

Grandfather (GF)

Captain Aye (A)

First Mate Bob (B)

Sarah (S)

2 Human heads acting as cliffs either side of the puppet theatre.

### Christ / Cross

N: Greeting to all who join us on our quest to sail the seven seas. The trip last night was slow and long but spirits were high with the first clue : creation and a barrel full of mysterious fruit. The ship sails on...

S: Goodness grandfather this ship sure sails on...we must be almost there by now

GF: Yes we must be... I shall ask the captain.

N: John walks towards the captain

GF: thanks

N: not a problem

GF: Captain I was just wondering whether we would be reaching the island soon?

A: Yes, we are right on course we should be getting there round about

LAND HO! (THUMP)

A: Now.... Sam you still need to call it a little earlier.

N: They reach another lovely shore covered in palm trees and sunshine and

GF: OK we get the picture.

S: Alright this island is a little different to the last one... There are specific directions to follow... I think we may find some buried treasure or another clue or something.

I'm not really sure... Ok Bob...I think we will need a shovel and a compass.

B: Aye man

A: yes, yes, what did somebody call me...what?

S: Anyway we need to mark 10 paces from the cliffs where the eyes stare ( somebody stands next to theatre at eye level).

A: Found it! So life like isn't it.

S: Ok captain count it out.

A: 1,2,3,4,5,6,7,8,9,10.

S: alright now we are suppose to see where the nose hangs long... ( somebody stands other side of puppet theatre puppet look around).

GF: (thump) Found it! My word they are life like.

S: OK turn left and jump 5 paces backwards.

ALL: 5,4,3,2,1.

S: And there you will find an X. There it is on that chest.

A: It looks like a cross to me

B: Perhaps cross is the clue man, it starts with c.

GF: and so does cucumber

B: do you see any cucumbers?

GF: No but what an unusually shaped pear just over there. I wonder what it tastes like? ( GF leaves)  
S: It is interesting that the X is on a chest which is already dug up out of the ground? Lets open it and see what's inside.  
A: Bob, the shovel! We are going to smash the lock open, something very valuable is inside . It's ours, all ours and no one else!  
S: Wait! I don't think the chest is even locked.... no no look it opens.  
PAUSE

A: It's empty  
B: it's empty  
GF: What's empty? Anyone for a pear?  
S: I just don't understand it? Where is our riddle where is our clue?  
A: where is our treasure!  
S: Start searching everyone there must be a clue somewhere!

N: They searched high and low, left and right  
GF: Excuse me  
S: not now grandfather we need to be searching for the clue!  
GF: But have you noticed that...  
S: Come on we are wasting valuable time  
GF: But this Plaque..  
S: What Plaque?  
GF: this one on the chest  
S: we didn't even notice it on the front of the chest. It says:  
    "A love so perfect,  
    a love so pure  
    a love that never ends.  
    A love that takes away my sin  
    So forever we can be friends."

Whom does this love comes from?  
Where does this love come from?

GF: Hmmm  
A: Hmmm  
B:hmmm  
S: hmmm I really don't know what it means?  
B: Perhaps they are all connected?  
S: what? What do you mean?  
B: well, you know, the map, the cross, the clue.... oh I don't know I'm not real smart...forget it!

PAUSE

S: hey maybe he's right!  
A: Bob right?  
S: maybe they are all joined... The cross...hmmm.. "a love that takes my sins away"...ummm who was that guy who died on the cross for all peoples sins... you know at Easter...

B: Jesus

S: Yes Jesus, Jesus Christ! That's it...the clues are both Christ and cross! Bob is right!

GF: OK OK...you may have found the clue but I don't understand the riddle...what is all of this love stuff?

Why is this guy dying on the cross so important? People die all the time it is part of life?

S: But this was no ordinary guy... I am starting to remember..

B: isn't found in the same book as Genius.

S: that's genesis, and yes stories of this man can be found in the bible. This man Jesus was actually God's son...you know Christmas... that is to celebrate Jesus' birth on Earth. Jesus came to Earth so he could die.

GF: But why?

S: Because God loves us so much, he wanted us to have a second chance. A second chance from sin, or the bad stuff that we do. God sent his son Jesus to die, not just because of old age and stuff but was actually killed for doing nothing!

GF: nothing?

S: nothing he was innocent... But he died for us anyway...

GF: OK OK this guy died... I still don't see the importance...

S: 3 days later he rose again

GF: what came back to life?

S: yep... Jesus defeated sin for all of us and conquered death.

GF: woah this is too much for my brain

S: the bible says that if we say we are sorry to God for the sins that we do...then he will forgive us.... And when we die we can live with God in heaven.... and forever we can be friends.

GF: why do I know so little about it?

S: I don't know but sometimes we can't see what is right in front of our faces..like this chest for example...the answer was open for all to see... But it took us a little while to realise the clues were there....

All: Hmmmm...

N: the crew pondered on those very thoughts...Did God love them so much that he sent his son to die for them? Why would God love us that much?

S: ummm wait can I interrupt?....

N: umm sure?

S: just to answer the last question God Loves us so much because he created us.... remember our other clue creation?

N: oh yes... Now they sail off into the sunset with the clues creation, Christ and cross... Plus some odd shaped pears...

### Day 3

#### Characters:

Narrator (N)  
Grandfather (GF)  
Captain Aye (A)  
First Mate Bob (B)  
Sarah (S)  
Tribal Chief (TC) plus tribes men.

#### Communication

N: As HMAS Paper Back continues to sail the big blue wet thing.....the ocean...  
They discuss their clues, creation , Christ and cross.....I wonder if these  
clues may help them out if they find trouble on the next islands they go to....  
S: Grandfather I have been wondering if these clues may help us get out of any trouble  
we may find on the islands ahead....  
GF: Yes... What an interesting thought...

LAND HO! (Slight pause THUMP)

A: Getting Better Sam.... still need to call a little bit earlier!  
S: Just before we go, this island has a beware written above it.. just so you all  
know...  
GF: I'm not afraid!  
A: a Captain never shows fear  
S: Bob?  
B: what? I'm fine man...  
S: Ok lets go...

N: They travel to the golden shore filled with coconuts and palm trees and  
B: OK we get the picture  
N: It was peaceful  
S: it seems peaceful I wonder where the danger is?  
GF: Look at those coconuts they look fabulous! But first Sarah what is the riddle...  
S: It says:  
When having a conversation  
Two people keep in touch.  
Both listen, both talk,  
And value each other very much.

Keep your ears, heart and mind open!

All: Hmmmm  
GF: Wow! Those coconuts are so round let me just go have a look (all puppets look  
around in different directions and leave stay with Ayes Alone)  
A: We don't seem to be in too much danger... Lets just all keep together OK? Guys?  
Guys? Oh there you are.  
TC: Me not Guys! Me Tribal Chief... You on my land!  
A: Well I better be leaving then shall I?

TC: No you come with me.

A: um...OK...

( ooga chaga etc... chant back to village)

A: Bob, Sarah and John they have you too?

S: yes, Bob and I were just surrounded by them.

A: what's wrong with John is he OK?

S: I think so he got hit on the head by a falling coconut... He started shaking the trees

A: what do you think they will do with us?

S: I don't know... But I am feeling very scared!

TC: No More Talk. Me Talk!. You Are On My land and the only way off is to win the favour of Me Tribal Chief. If I not like you then you gone!

A: what do you think he means by gone

S: I don't think I want to know?

TC: I want present, Give me something! Do Something!

A: we don't have anything to give, or do... I'm just a captain...I need a ship!

B: All we have is the map

S: and the clues...what good will it be to them

A: Oh God, I'm so scared, please help us out of this mess, we should have been more careful, just like the map told us to be. What do we do!

(Pause)

A:Sarah?

S: yes?

A: you know how Christ died on the cross for us

B: you decided to think about the clues now?

S: yes...

A: And because he died were can be forgiven by God and become friends?

S: yes?

A: well do you think that is the same with this islands riddle?

S: what do you mean?

A: well people who value each other very much are like friends... And friends talk all of the time... Maybe God wants us to talk to him more often... Like we do with our friends.

S: what like you just did? You mean pray?

A: Yeah... And if God is our friend he will listen like the riddle says and hear our prayers. I think God wants us to communicate with him.

S: Communication is the answer!

B: Good were have the answer... But what good is it is we can not escape from tribal chief.

A: I think we have the answer with us?

B: what the map?

A: no what the map provides us with ...idea's and knowledge

S: they are other ways God communicates with us! Like how our answers are coming from the bible or this map!

B: OK, but what is the thing we give to the tribal chief because he is coming this way

TC: What will you give me.

A: How about one of our Naval Chef's famous recipes... Coconut Pie!

TC: You make?

GF: what? What?

TC: you make?

GF: Me make what?

A: your famous coconut pie!

GF: I love coconut pie sure! As long as somebody cuts them down from the tree for me.

N: The tribe had a huge feast that night of coconut pies and the crew were allowed to go back to their ship. They leave a little wiser with another clue to the puzzle.

B: wait man wait... I have on last question for the captain...

N: oh don't mind me... Go ahead

B: Captain... How did you know that the coconut pie recipe would work? Where did the idea come from?

A: the map Bob, the map... The prize of this map is the ultimate recipe...that's where I got the idea from...the ultimate recipe...I think that was one way God was trying to communicate with us

N: hmmm interesting... And as the sun sets on another day the ship sails towards its next destination... What laid ahead was unsure but a few members of the crew now have a friend on their side which they can communicate with. The boat also weighed a bit more because a case of coconuts some how got snuck aboard.... by who I wonder?

## Day 4

### Characters:

Narrator (N)

Grandfather (GF)

Captain Aye (A)

First Mate Bob (B)

Sarah (S)

### Commandment

N: Sailing, Sailing on, Sailing, sailing on... That's right folks they are still sailing the ocean deep in search for the next island. Armed with the map, 2 barrels of fruit, a crate of coconuts and the clues, creation, Christ, cross and communication they are ready to take on the next island.

S: boy grandfather I sure feel ready to take on the next island.. I can't wait!

GF: yep me too we have been traveling for quite some time now... lets go check out our supplies in the gully

(S+GF leave)

(A + B enter)

A: well we are on our way to our next destination 96 degrees south. We will just take a short cut and go east and then south... It will be quicker and no body will notice.

Bob could you set the sails!

B: In what?

A: what do you mean in what?

B: well what do I set them in ? stone, concrete plaster?

A: no, I mean put 'em up

B: oh so you want to box then

A: No! open the sails so they catch the wind.

B: oh Aye why didn't you just say so!

N: A few hours later...

A: hmm according to my calculations we should be there by now?

B: I don't think so... All I see is blue water

A+B: hmhhh

(GF+S enter)

GF: Captain does their seem to be a problem?

A: oh no, no everything is just fine... I just need to go and check something...umm  
Sarah can I please have a look at the map again?

N: In the captains Cabin...

A: OK OK calm down... You are not lost... No, no, not lost because there is nothing worse than being lost at sea...Nothing!... stay calm...calm...calm...now the map says 96 degrees south and I took a short cut here, here and here which means we should be about.... Ahhhh I'm lost!

(Knock Knock...GF Calls : Is everything alright in there?)

A: Yes, yes, just fine...umm I'll be out in a minute.... what do I say?... oh I'll just have to tell them the truth!

N: the captain arrives back on deck

A: thankyou

N: your welcome

GF: Is everything alright? Shouldn't we be there by now?

A: well...ummm..you see...ha sea, what a funny joke.... ummm anyway we seem to have hit a technical difficulty.

S: technical difficulty ? we are on a boat?

A: yes, it's called my brain.

S:oh.

A:You see, I took a shortcut to get to the island instead of following the map and I'm afraid that we are lost.

GF: hmmm, the first rule about cooking is to always follow the recipe

A: yes, the first rule at captain school is to always follow the map.... or the wind or something...

GF: Well how about we retrace our sailing and follow the map again

A:Ok

N: so they put their heads together (Bonk) and found their destination on the map and traveled to the next island... Finally they arrived.

LAND HO! (longer pause THUMP)

A: Getting better Sam.

S: well this seems to be the island...

GF: so what does the riddle say...oh look at that fruit over there

S: Grandfather we need to read the riddle first!

GF: Can't I just go have a little look

S: The riddle first.... it says:

When preparing the recipe you seek

A set of instructions you must keep.

Instructions which gives it flavor and fun

But also is fair for everyone.

All: Hmmm

S: Well that's it then...we can go its been solved.

GF: oh good, let me just try some of that fruit over there... All part of God's creation you know.

A: Wait... Don't you want to know what the answer is?

GF: oh she's a smart girl I'm sure she figured it out.

A: Well I want to know!

S: It's simple... Both of you answered it on the ship

GF + A: we did? Of course we did

GF: just remind us again?

S: well...the instructions that the riddle is talking about is the commandments found in the Bible.

A: there is that book again!

S: God gave us commandments or rules to live our life by. He did this so we would know a fair and right way to live. Also when recognising that Jesus died for us we should want to try and live God's way to please God and to be closer to him... Because now we can.

B: oh...what kind of rules are they?

GF: Commandments

S: rules like – always putting God first, no to misuse God's name, Honor your mother and father, do not murder, do not steal, do not life, do not commit adultery and to love the Lord with all of your heart, soul and mind and to love your neighbor as yourself.

A: Gosh that is a lot.

S: Yes but if you think about it... If we follow God's rules, it is fair for everyone and no one gets hurt or lost

B: Oh that's like the captain not following the map on the boat... We all got lost and it took even longer to get here

S: That's right! God doesn't want us to get lost so he gave us some comma ndments.

GF: Hmmm yes I see, wonderful, wonderful...keep God's commandments, I like it... makes sense to me.

S Ok lets go we have lots to do.

GF: ok...but first let me try some of that fruit over there.

N: So they sailed off into the sunset wondering what clue the next island held for them... Following the map this time...precisely!

## Day 5

### Characters:

Narrator (N)

Grandfather (GF)

Captain Aye (A)

First Mate Bob (B)

Sarah (S)

### Commitment

N: The ship continues to sail on in the direction of the next island... Word has it that the crew will need to be armed with the clues already found which are: creation, cross, Christ, communication and commandment because this island is marked danger:

S: Grandfather...I have just noticed that this map has been marked with danger... We are all going to have to be extra careful on this trip.

LAND HO

GF: wow he is getting (THUMP) better

N: They set off to explore the shores, on this wonderful sunny day

S: OK... Before we go anywhere lets read the riddle...just in case we get separated it can help us out... It says -  
An Athlete trains to win a race,  
And promises to try their best.  
If they keep their promise then forever will they be  
A winner (anyway) despite the rest.

Will you keep the promise in the race?

A: hmmm.... what is all of this stuff about athletes? What is the race? Sarah?...  
Sarah? Where did Sarah go?

GF: what do you mean where did she go...she was right...here.. Sarah! Sarah!

B: she is not here man, she is gone!

GF: GONE! My beautiful grand daughter GONE? We must find her!

A: Perhaps if we solved the riddle and pray that will help us! God will help us! OK  
lets see... What does an athlete have to do to win a race?

B: Train man, it already says so in the riddle

A: oh so it does.... Anyway...what does training involve, always turning up  
everyday ready to run,

B: eating properly,

A: stretching and getting up at 4am in the morning, wow that is commitment for  
you... Hmmm what could it possibly mean? God, we ask for your help again,  
show us the answers and keep Sarah safe, please, Amen.

N: While John paced, worrying about his granddaughter and Bob and Aye try to work  
out the riddle, Sarah was being held captive by the local tribes people.

Sarah: ummm excuse me? Excuse me?... you have me here all tied up I was just wondering what you will do with me? Hello? I just wish they would talk to me and tell me what's going on.... I wonder if the others even realise that I am gone?

N: oh yes they realise as they still try to solve the puzzle...

A: OK so an athlete trains

GF: Yes.yes, we have established this already!!

B: Commitment...

A: what did you say?

B: the answer is commitment... An athlete promises to try his best no matter what... This means that he commits himself to training and running the race... Commitment is the answer.

GF: Commitment! I'll show you commitment.... my granddaughter is lost or trapped or kidnapped and I will do whatever it takes to get her back.... even if I have to die to do it!

A: Wow that really is commitment!

N: And off John went... He ran through the forest in search for Sa rah... He found he tied up and lying on the ground.... he grabbed the nearest vine and did the biggest tarzan swing you have ever seen to scoop her up ...and then when they had landed ran as fast as they could back to the ship

S: oh grandfather, Bob and Aye.. am I sure glad to see you all!

A: what happen to you?

S: I don't know...one minute I was standing on the shore with you guys and the next a group of tribes people had kidnapped me... But it is ok now grandfather saved me!

A:yep...he sure showed commitment

S: Commitment! That's it the answer to the clue... I just couldn't think of the word!

A: yep...we discovered that a little while ago... but there is one bit that I don't get...

S: what is it?

A: how am I part of this riddle? The other answers were for my life...why not this one?... why does it just talk about an athlete and not me?

S: Oh but it does... You see the Question at the end? Will you keep the promise?

A: yes... But

S: the whole riddle is about our lives...the race is life and we are the athletes.... and if we want to live God's way we need to train as hard as we can by reading the bible and praying and trying not to sin... If we do this with all of our heart and try our very best we are keeping our commitment with God and are being his friend.

A: Oh I see... Commitment... I wonder if I should or not?

S: should what?

A: commit my life to God? hmmm it would involve lots of training ... But I do want to be as good a friend to God as possible...hmmm

N: And as they sailed into the sunset they each wondered what God means to them. With another piece of the puzzle in their hand they come closer and closer to discovering the ultimate recipe... What will it be?

## Day 6

### Characters:

Narrator (N)

Grandfather (GF)

Captain Aye (A)

First Mate Bob (B)

Sarah (S)

### Courage

N: "I am sailing...I am sailing...dum de dum dum...cross the sea...I am sailing...  
Something stormy weather, to be near you...to be free"

GF: um excuse me Mr Narrator?

N: ummm yes?

GF: Your on...these people need to know what we have been up to.

N: oh yes of course...sorry ev eryone

GF: oh and Mr. Narrator?

N: yes?

GF: please can we have no more talk about storms...the weather has be lovely and we  
want to keep it that way.

N: Sure.... um anyway the crew continued to sail the sea in search of their next  
destination. With the new clue of Commitment...they wondered what would  
be in store for them and would it be dangerous?

S: Grandfather I was wondering what may be in store for us and I hope it isn't too  
dangerous...our last island was a little too scary for my liking!

GF: Mine too...

S: Um grandfather?

GF: yes my dear?

S: do you think it would be bad if the map says "water around island is subject to  
stormy weather"

GF: I knew it! I new if the narrator started singing about bad weather it would happen!

N: Hey, I wasn't the one who had the age old map in my hands with the clues! I didn't  
know.

S: when do you think the stormy weather will hit?

A: Quick everyone...batten down the hatches, scrub the decks weigh anchor! A  
storm is about to hit!... stay calm you are the captain!!!! AHHHHHHH

(all running around screaming)

GF: Stop... Captain what do we need to do to save this ship from sinking?

A: well first the sail has to be tied off... But the rope is caught above....

B: I'll do it captain to save the ship!

A: no Bob it's too dangerous...

B: I've got to try...

N: Bob climbed the mast as high as he could reach but it just wasn't high enough...  
Then snap! The mast broke and Bob fell into the ocean.

S: Captain the ship is sinking! The mast has put a huge hole in the ship...

A: well you need to abandon ship..go!

S: But what about you?

A: No, a captain must go down with his ship. Go!

N: before another word was said a huge wave crashed over the boat and washed them all overboard. Wait wait... Don't fret everybody... I am here to tell you that they all ended up floating to the island safely and waking up upon the shore of a beautiful Sandy beach.

S: oh my goodness...what a storm...Grandfather? Aye? Bob? Are you all alright.

GF: yes

B: Aye man a little soar but I will live...

S: Aye? Aye are you alright?

A: yeah I suppose for a captain whose lost his ship...(sigh)

Pause

GF: my this is a lovely island..wow! Look at those grapes!

B: look at the water...it is all calm again...

S: hmmm I wonder what the riddle is for this island?

A: the riddle? You still want to follow this silly map? This map could have got us killed?

S: but it didn't! we are all OK! And we are on the island so we may as well...what else have we to do?

A: well count me out... I don't care for the map anymore...I give up!...I am now a captain without a ship (goes away and cries)

S: OK the riddle says-

Dare to live your life for God,

Dare to explore his Love.

It takes love, guts and faith

To live for the one above.

God will give you plenty!

GF: Hmmm... Well if God is our friend then the riddle says to dare to live our life for him and explore his love... The dare part sounds so dangerous....

S: it sounds a bit like Bob who was willing to risk his life up on the mast to save us all.... maybe we are suppose to live our life for God and follow God's way and perhaps that means risking stuff like being popular, and sharing and stuff... And perhaps having to stand up for God and for what you believe in.

B: like believing that Jesus died for us?

S: yes I think so...

GF: that sounds just as frightening as that storm!

S: But it won't be because God is always with us and will give us plenty of Courage... Courage is the clue! Just like you captain, who showed courage when your were prepared to sink with the ship... Thank goodness God had other plans for you...I am starting to think that life with God won't be so bad...sure it might be hard and sad and bad stuff will happen along the way, ...like that storm...

GF: but life without God is that way already

S: but if I chose to have God in my life he will always be by my side giving me courage all the way... I think we might make it after all...

GF: yep it's not going to be smooth sailing all the way...

A: nope...but with God there to look after us...we will be OK.

B: Hey guys look

N: As they stared further up the shore to their surprise they saw a life raft from the ship still in tack...

A: well that boat looks like our trip home

S: lead the way Captain Aye

GF: Wait let me get some of these grapes

S: wait we still have one clue / island that we need to explore.

A: show me the map... Ahhh yes we can find this on our way home...

S: I thought you gave up on the map...

A: And be this close? I think big changes will happen when we find the final piece...  
Can't stop now... A little storm doesn't frighten me!

N: and so they sailed off into the sunset... It was a little cramped...but they were happy...discussing the clues...what were they again? Ummm creation, Christ, cross, communication, commandment, commitment and courage? What is this a recipe for? Have you figured it out?

## Day 7

### Characters:

Narrator (N)  
Grandfather (GF)  
Captain Aye (A)  
First Mate Bob (B)  
Sarah (S)

### Christian

N: As the crew float the ocean blue in their life raft, cramped, tired and hungry, except for a generous supply of grapes... they ponder on their clues or ingredients that make the ultimate recipe. In the distance they see their island...

S: I think I can see an island!!

A: Lets land there and see if it helps solve our riddle

N: With vigor they paddle towards the island until...

LAND HO!!

All: Where's the thump?

A: That was great Sam, I think those coke bottle glasses really help your vision!!

N: The crew eagerly disembarked their small vessel to find the shores lined with crates of fruit such as coconuts, grapes, oddly shaped pears and others lost in the wrecking of their fine vessel.

GF: MY FRUIT!!! My marvelous fruit, Gods creation, mmmmmmm. I must make the ultimate recipe. Quick Bob, find a mixing bowl!!

B: Aye, Aye Cap'n

N: The crew enthusiastically helped Bob find something that resembled a mixing bowl. To their surprise they found that at the centre of the island was an unusually large stone structure resembling a mixing bowl.

GF: Perfect!! People, prepare for a feast!

S: Wait, wait...we haven't read the riddle for this island yet

A: Golly gosh you're right! What's it say?

S: It says:

To create the perfect mix,  
Combine all ingredients together.  
To become a child of God,

To live God's way  
To trust and obey  
By God's side forever.

GF: I think its telling us to put all our fruit together to create the best recipe in the whole world!

B: or it could be asking us to put all of our clues together...

GF: Anyway back to my recipe, first we add this mysterious, but delicious fruit, with a seed.

A: Hey, do you remember where we found that fruit.. It was on that first island , what was the clue...Creation...yes.. that's right! God created everything...

GF: Including this scrumptious fruit...

S: And you and I...

GF: (munch much) one for the bowl , one for me.

S: come one grandfather... I'm starving!

GF: oh yes, of course.... the next ingredient is this unusually shaped but amazingly tasty pear...

B: yes, I remember that day ... We found the cross on the chest... Christ was the clue that day...

A: yes, Jesus Christ died for us on the cross so we can be friends with God forever! That day made me realise that I have a friend by my side always...

B: ummm John?

GF: yes Bob?

B: how do we add this coconuts.... we don't have anything to open them?

S: oh I remember those coconuts! They hit you square on the head!

A: And knocked you out!

GF: no it didn't I was just tired!

S: that day we learnt that communication with God is so important

A: yeah, God's communication with us got us out of a tight spot... God is always looking after us....

GF: OK pass me that fruit...

B: what fruit?

GF: that one over there

B: is that the one you picked up on the island where Aye got us lost!

A: I haven't got us lost since though!... God's commandments give me great guidance.

GF: Sarah pass me that vine.... do you remember me swinging a mighty swing to save you...

A: You sure showed commitment to your grand daughter that day.....

GF: and the secret ingredient is...

<Pause>

All: what?

GF: I can't tell you it's a secret...and a chef never reveals his secrets!

S: That's a magician silly, c'mon tell us the secret!

GF: OK, it's a pinch of salt

B: That's just like all the salty seawater we were throws into at that last island

A: You sure showed a lot of courage being thrown off that mast!

GF: Well, that's it...my brothy, stewy, magnificent creation is complete...

S: And now I think of it so are all our clues. What did the riddle say..

To create the perfect mix,  
Combine all ingredients together.  
To become a child of God,  
To live God's way  
To trust and obey  
By God's side forever.

If we combine all the clues we have found on our trip, like the riddle says "combine all the ingredients" then we will be creating the perfect mix as designed by God who is the big chef of all creation. I get it!! And when we combine all these we can become a child of God, we can live God's way, trust and obey God and be by his side forever.

B: I think the Bible called someone who did all that a Christian

A: So this recipe is really just a description of a Christian!

GF: It's not to do with fruit?

S: Not really Grandpa, but the stew was nice anyway!

N: So as the sun set on the horizon, our heroes were pleased that they had solved the riddles of the 7 C's. They are now left with the choice of either having God in their life and living their life according to the clues or ignoring the 7 C's and living life their own way. I know what I'd choose...how about you...

S: Wait, wait.. before we go...shouldn't we give other people an opportunity to discover what we have?

B: What do you mean?

S: Throw the bottle back in the long blue yonder for someone else.

All: Good idea!

N: And so the map was rolled up, slid into the bottle and thrown into the ocean, so someone can have the adventures and discovery that we have all witnessed. The crew board their life boat and push off into the cool evening tide.

GF: Oh no...I used the oars as mixing sticks in our stew..

A: Oh well...God will guide us home!